

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	351	CALLUM ROWLINSON	M	MSEN	SALFORD HARRIERS & AC	0:41:24		1	1	1
2	304	MIKE COOKE	M	MSEN	PENNINE FELL RUNNERS	0:41:37		2	2	1
3	419	LUCAS PARKER	M	MSEN	BRAMHALL RUNNERS	0:42:26		3	3	1
4	378	SAM GUNNING	M	MSEN	CYBI STRIDERS	0:43:53		4	4	1
5	9	PHIL RICHARDSON	M	MSEN	SALE HARRIERS MANCHESTER	0:44:01		5	5	1
6	272	ROBERT DUNN	M	MV40	SALE HARRIERS MANCHESTER	0:44:17		6	1	2
7	156	HENRY ROBINSON	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	0:44:22		7	6	1
8	87	CHRIS DONNELLY	M	MV45	SALE HARRIERS MANCHESTER	0:44:29		8	1	3
9	249	PHIL LARRATT	M	MV40	CHORLTON RUNNERS	0:45:43		9	2	1
10	54	STEVE MCCARRON	M	MV50	SALE HARRIERS MANCHESTER	0:46:00		10	1	4
11	227	ANDY BEAVERS	M	MV45	MACCLESFIELD HARRIERS & AC	0:46:35		11	2	1
12	195	LEE ASHWOOD	M	MV50	DISLEY RUNNERS	0:46:49		12	2	1
13	441	ALEX GALLOWAY	M	MV40	MACCLESFIELD HARRIERS	0:47:01		13	3	1
14	151	LUKE DONALD	M	MSEN	CHORLTON RUNNERS	0:47:07		14	7	2
15	394	ANDREW CURVIS	M	MSEN	SALE HARRIERS MANCHESTER	0:47:40		15	8	5
16	64	BARRY ARCHBOLD	M	MV50	WILMSLOW RUNNING CLUB	0:47:46		16	3	1
17	225	DAMIAN NICHOLLS	M	MV40		0:48:25		17	4	1
18	210	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:48:41		18	9	1
19	25	ZAC GAILLEMIN	M	MSEN	SALE HARRIERS MANCHESTER	0:48:47		19	10	6
20	53	MATT LAWTON	M	MV40	MACCLESFIELD HARRIERS & AC	0:49:03		20	5	2
21	428	BILLY WILSON	M	MSEN	WILMSLOW RUNNING CLUB	0:49:20		21	11	2
22	284	VIC WALSH	M	MV45	BELLE VUE RACERS	0:49:39		22	3	1
23	244	RACHEL BROWN	F	FSEN	CHORLTON RUNNERS	0:50:01	1		1	1
24	360	LOUISA WHITTINGHAM	F	FSEN	WILMSLOW RUNNING CLUB	0:50:07	2		2	1
25	143	NATHAN MAYOH	M	MV50	BRAMHALL RUNNERS	0:50:18		23	4	2
26	127	ROB DOWNS	M	MV60	CHESHIRE HILL RACERS	0:50:28		24	1	1
27	431	SAM MARKOWICZ	M	MSEN		0:50:32		25	12	2
28	277	NICK CHICK	M	MV50	STOCKPORT TRI CLUB	0:50:42		26	5	1
29	51	SAM DUNGEY	M	MV45	DISLEY RUNNERS	0:50:46		27	4	2
30	344	MATT HUGHES	M	MSEN		0:51:07		28	13	3
31	265	JAMES HARTSHORNE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:51:12		29	6	1
32	142	MARKUS DALGAARD	M	MSEN	WILMSLOW RUNNING CLUB	0:51:15		30	14	3
33	77	GED MCGRATH	M	MV50		0:51:17		31	6	4
34	65	FRANK PODD	M	MV50	BRAMHALL RUNNERS	0:51:25		32	7	3
35	147	RICHARD EVANS	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:51:46		33	2	1
36	339	NICHOLAS REYNOLDS	M	MSEN		0:51:47		34	15	5
37	250	DAVID HATCH	M	MSEN		0:51:49		35	16	6
38	390	NEIL PETTIE	M	MV50	MACCLESFIELD HARRIERS & AC	0:51:55		36	8	3
39	237	ANDREW WHITTINGHAM	M	MV55	WILMSLOW RUNNING CLUB	0:51:59		37	1	4
40	424	PAUL WRAITH	M	MV40		0:52:02		38	7	7
41	375	OLIVER FAIRBAIRN	M	MSEN	WILMSLOW STRIDERS	0:52:05		39	17	2
42	578	DAVID KELLY	M	MV45		0:52:08		40	5	8
43	218	DANIEL DOHERTY	M	MSEN		0:52:36		41	18	9
44	85	ADRIAN ROGERS	M	MV45	LIVERPOOL PEMBROKE & SEFTON H AC	0:52:41		42	6	1
45	206	NICOLA REECE	F	FV40	WILMSLOW RUNNING CLUB	0:52:44	3		1	2
46	279	BEN CROSSLEY	M	MSEN	MACCLESFIELD HARRIERS	0:52:45		43	19	2
47	12	JAMES WALSH	M	MSEN	SALE HARRIERS MANCHESTER	0:52:46		44	20	7
48	433	MARK EASTMAN	M	MSEN	BOLLINGTON HARRIERS	0:52:51		45	21	1
49	78	CHRIS TAIT	M	MSEN	SALE HARRIERS MANCHESTER	0:52:57		46	22	8
50	133	STEVE LOMAS	M	MV55	MACCLESFIELD HARRIERS & AC	0:53:02		47	2	4
51	356	AMY WHELAN	F	FSEN	BUXTON AC	0:53:03	4		3	1
52	179	MATT SPRAGG	M	MV50	SALE HARRIERS MANCHESTER	0:53:05		48	9	9
53	88	PETER WALL	M	MV45		0:53:08		49	7	10
54	315	RICHARD JELLYMAN	M	MV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:53:20		50	8	2
55	205	DAN MARTELL	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:53:57		51	23	3
56	14	GRAHAM SCRAAWN	M	MV55	CHESHIRE HILL RACERS	0:54:02		52	3	2
57	198	ADAM BUXTON	M	MSEN		0:54:03		53	24	11
58	152	SAMANTHA JONES	F	FV40	BRAMHALL RUNNERS	0:54:11	5		2	1
59	56	MIKE ASHBY	M	MV45	SALE HARRIERS MANCHESTER	0:54:17		54	8	10
60	337	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:54:21		55	9	4
61	35	MATT LEECH	M	MV55	MACCLESFIELD HARRIERS & AC	0:54:23		56	4	5
62	325	JOE ALLABY	M	MSEN	POYNTON RUNNERS	0:54:28		57	25	1
63	174	HUGH NODEN	M	MSEN	MACCLESFIELD HARRIERS & AC	0:54:35		58	26	6
64	386	PHILIP MOYLE	M	MV40	CHORLTON RUNNERS	0:54:37		59	10	3
65	350	STEFAN RUTHERFORD	M	MSEN		0:54:42		60	27	12
66	422	MIKE HILL	M	MV55	WILMSLOW RUNNING CLUB	0:54:45		61	5	5
67	197	ANDREW ARMSTRONG	M	MV55	BELLE VUE RACERS	0:54:46		62	6	2
68	403	MARK FOX	M	MV45	SALE HARRIERS MANCHESTER	0:54:49		63	9	11
69	411	ROGER THOMAS	M	MV50	MANCHESTER TRIATHLON CLUB	0:54:50		64	10	1
70	283	PHIL COTTRILL	M	MSEN		0:55:03		65	28	13
71	50	SIMON TAYLOR	F	FV45	DARWEN DASHERS RC	0:55:07	6		1	1
72	67	TOM BENTLEY	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:55:10		66	11	2
73	377	JODI BEMAND	F	FSEN	WEST CHESHIRE ATHLETIC CLUB	0:55:15	7		4	1
74	421	FAYE WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	0:55:29	8		5	1
75	194	ZAIN KARIM	M	MSEN	BRAMHALL RUNNERS	0:55:34		67	29	5
76	358	LUKE DUCKWORTH	M	MSEN		0:55:41		68	30	14
77	4	ANDY LEE	M	MV50	POYNTON RUNNERS	0:55:46		69	11	2
78	168	GRAEME EDDIE	M	MV45	MACCLESFIELD HARRIERS & AC	0:55:49		70	10	7
79	22	ANDREW CARLSON	M	MSEN	CHORLTON RUNNERS	0:55:51		71	31	4
80	75	SCOTT MACDONALD	M	MSEN	POYNTON RUNNERS	0:55:57		72	32	3
81	340	ROB MCMURDO	M	MSEN		0:55:58		73	33	15

82	328	JOHN STOCKDALE	M	MV50	MARPLE RUNNERS	0:56:18	74	12	1
83	220	TOM ALLABY	M	MSEN		0:56:20	75	34	16
84	260	DAVE CHAMBERS	M	MV45	WILMSLOW STRIDERS	0:56:25	76	11	3
85	255	ANDREW NEILSON	M	MSEN	WILMSLOW STRIDERS	0:56:29	77	35	4
86	72	ROBIN HALL	M	MV45	WILMSLOW RUNNING CLUB	0:56:30	78	12	6
87	401	CORY JOHNSTON	M	MV45		0:56:32	79	13	17
88	316	JAMES WOOD	M	MV45	MACCLESFIELD HARRIERS & AC	0:56:32	80	14	8
89	17	MARK BROOKES	M	MSEN		0:56:33	81	36	18
90	266	PAUL DEERAN	M	MV50		0:56:34	82	13	19
91	259	ANDREW CARLIN	M	MSEN		0:56:35	83	37	20
92	381	DENNIS THOMAS	M	MV50	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:56:38	84	14	3
93	438	ANDREW MAINWARING	M	MV50		0:56:50	85	15	21
94	83	STEVE REYNOLDS	M	MV50	WILMSLOW RUNNING CLUB	0:56:55	86	16	7
95	440	AIDAN RAFTERY	M	MV65	SALE HARRIERS MANCHESTER	0:57:00	87	1	12
96	241	JAMES WOODCOCK	M	MSEN	STOCKPORT HARRIERS & AC	0:57:02	88	38	1
97	155	FRANCES KENNEY	F	FV40	WILMSLOW RUNNING CLUB	0:57:15	9	3	3
98	332	TOM MARKOWICZ	M	MV40		0:57:24	89	12	22
99	178	HUMBERTO ABREU	M	MV45	SALE HARRIERS MANCHESTER	0:57:26	90	15	13
100	353	SIMON STONEHOUSE	M	MV55	STOCKPORT HARRIERS & AC	0:57:30	91	7	2
101	144	SEBASTIAN BATE	M	MSEN	CHORLTON RUNNERS	0:57:40	92	39	5
102	167	DANIEL GILL	M	MV40	MACCLESFIELD HARRIERS & AC	0:57:45	93	13	9
103	321	OLIVER SIMPSON	M	MSEN		0:57:52	94	40	23
104	42	TOM CLARKE	M	MV45	BURNHAM ON SEA HARRIERS	0:58:00	95	16	1
105	290	LEO PARKER	M	MSEN		0:58:03	96	41	24
106	76	TIM ARCHER	M	MSEN	POYNTON RUNNERS	0:58:03	97	42	4
107	69	PETER DEAN	M	MV40	STOCKPORT HARRIERS & AC	0:58:12	98	14	3
108	404	JENNY FOX	F	FV45	SALE HARRIERS MANCHESTER	0:58:16	10	2	1
109	30	MATT NEILSON	M	MV40	BRAMHALL RUNNERS	0:58:23	99	15	6
110	416	LISA CAPES	F	FSEN	MARPLE RUNNERS	0:58:26	11	6	1
111	34	JAMES MCMURDO	M	MV45	MACCLESFIELD HARRIERS	0:58:30	100	17	3
112	37	ADAM COSTELLO	M	MSEN		0:58:32	101	43	25
113	224	SAM BENTLEY	M	MSEN		0:58:34	102	44	26
114	300	TOM MOSELEY	M	MV40		0:58:35	103	16	27
115	204	CHRIS MATTHEWS	M	MV45		0:58:36	104	18	28
116	307	PAUL GRAVENEY	M	MV50	STOCKPORT TRI CLUB	0:58:37	105	17	2
117	226	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	0:58:43	106	8	7
118	32	TOM BALL	M	MV40		0:58:45	107	17	29
119	286	LUKE COWIE	M	MV45		0:58:46	108	19	30
120	405	GARRETH CHAMBERS	M	MSEN	ROCHDALE HARRIERS & AC	0:58:47	109	45	1
121	324	PAUL CARRINGTON	M	MV55	STOCKPORT TRI CLUB	0:58:53	110	9	3
122	139	NEIL CLARKE	M	MV60	MACCLESFIELD HARRIERS & AC	0:58:58	111	3	10
123	346	PAUL BARRETT	M	MV40	SALE HARRIERS MANCHESTER	0:58:58	112	18	14
124	172	FRANCESCA BALE	F	FSEN	CHORLTON RUNNERS	0:58:59	12	7	2
125	318	MATT ASHER	M	MSEN		0:59:02	113	46	31
126	21	WAYNE GRANT	M	MV45	GOYT VALLEY STRIDERS	0:59:03	114	20	1
127	343	JAMES MCCARTHY	M	MSEN	JIMMY TOURS	0:59:05	115	47	1
128	285	JACKSON MATHER	M	MSEN		0:59:06	116	48	32
129	308	RICHARD KENNAUGH	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:59:17	117	10	4
130	154	HARRIET HAMILTON	F	FV40	SALE HARRIERS MANCHESTER	0:59:19	13	4	2
131	43	JOHN PEEL	M	MV40	PENNINE FELL RUNNERS	0:59:28	118	19	2
132	349	DEVESH MISTRY	M	MSEN		0:59:29	119	49	33
133	222	RICK HEYES	M	MV40		0:59:39	120	20	34
134	207	DIANE BYGRAVE	F	FV50	WILMSLOW RUNNING CLUB	0:59:57	14	1	4
135	429	SIAN ROWLEY	F	FV45	SALE HARRIERS MANCHESTER	1:00:00	15	3	3
136	345	MICHAEL TAYLOR	M	MSEN	MARPLE RUNNERS	1:00:10	121	50	2
137	138	ROB LILLEY	M	MV50	POYNTON RUNNERS	1:00:19	122	18	5
138	129	JOSHUA BELL	M	MSEN		1:00:27	123	51	35
139	392	ALICE WELCH	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	1:00:28	16	4	1
140	323	MICHAEL RANDLE	M	MSEN	CHORLTON RUNNERS	1:00:31	124	52	6
141	48	SAM KING	M	MSEN		1:00:39	125	53	36
142	413	JAMES GARBE	M	MSEN		1:00:48	126	54	37
143	177	COLIN SHORE	M	MV50	STOCKPORT TRI CLUB	1:00:51	127	19	4
144	299	ANDY RENSHAW	M	MV45		1:00:52	128	21	38
145	150	ANDREW TOMLINSON	M	MV40	WILMSLOW STRIDERS	1:00:59	129	21	5
146	253	ETIENNE HUMPHRIES	M	MV40	CHORLTON RUNNERS	1:01:02	130	22	7
147	66	BEN WOLSTENHOLME	M	MV40	BRAMHALL RUNNERS	1:01:04	131	23	8
148	97	DANIEL PRITCHARD	M	MSEN	PENNINE FELL RUNNERS	1:01:07	132	55	3
149	47	LUCY BRANCH	F	FSEN	RUNNING ACADEMY	1:01:10	17	8	1
150	173	CHERYL NODEN	F	FV50		1:01:14	18	2	1
151	432	LARS ADNE BEVANGER	M	MV50	MARPLE RUNNERS	1:01:15	133	20	3
152	98	ESTHER PRITCHARD	F	FSEN	STOCKPORT HARRIERS & AC	1:01:15	19	9	2
153	63	SUSAN HARRISON	F	FV50	WILMSLOW RUNNING CLUB	1:01:19	20	3	5
154	372	MATTHEW JONES	M	MV40		1:01:20	134	24	39
155	388	GEMMA MCDERMOTT	F	FV40		1:01:22	21	5	2
156	213	DAMON STORER	M	MSEN	BRAMHALL RUNNERS	1:01:24	135	56	9
157	217	MARK PINCHES	M	MV50	BOLLINGTON HARRIERS	1:01:26	136	21	2
158	18	BELINDA HAMMOND	F	FV40	SALE HARRIERS MANCHESTER	1:01:28	22	6	4
159	257	SUZY HILL	F	FSEN	CHORLTON RUNNERS	1:01:31	23	10	3
160	310	IAN KEELING	M	MV55	BRAMHALL RUNNERS	1:01:45	137	11	10
161	367	MATTHEW KNOWLES	M	MSEN		1:01:57	138	57	40
162	62	RICHARD HARRISON	M	MV50	WILMSLOW RUNNING CLUB	1:02:02	139	22	8
163	165	ALEC ROBERTS	M	MSEN	CHORLTON RUNNERS	1:02:03	140	58	8

164	231	TIM HUDSON	M	MV40	BOLLINGTON HARRIERS	1:02:06	141	25	3
165	128	MARK SMITH	M	MV50	STOCKPORT HARRIERS & AC	1:02:09	142	23	4
166	294	JOHN SLEIGH	M	MV45		1:02:12	143	22	41
167	203	HELEN THOMPSON	F	FV40	POYNTON RUNNERS	1:02:17	24	7	1
168	57	HARRIET JACKSON	F	FSEN	CHORLTON RUNNERS	1:02:21	25	11	4
169	437	SEAN ADAMS	M	MV55	GOYT VALLEY STRIDERS	1:02:31	144	12	2
170	355	STEVEN WYATT	M	MV65	BELLE VUE RACERS	1:02:33	145	2	3
171	171	IAN WILLIAMSON	M	MV55	CHORLTON RUNNERS	1:02:34	146	13	9
172	211	NEIL BIRKS	M	MV40	PENNINE FELL RUNNERS	1:02:41	147	26	4
173	1	STEVE AUGHTON	M	MV50	BRAMHALL RUNNERS	1:02:46	148	24	11
174	301	PAUL NOBLE	M	MV50	SALE HARRIERS MANCHESTER	1:02:53	149	25	15
175	264	PAUL BAYLISS	M	MV65	CHORLTON RUNNERS	1:02:54	150	3	10
176	576	ISOBELLE LYON	F	FSEN		1:02:55	26	12	3
177	39	TAMARA LYON	F	FV45		1:02:55	27	5	4
178	331	ANTHONY HARDING	M	MV50	CONGLETON HARRIERS	1:03:07	151	26	1
179	212	NICHOLAS GALPIN	M	MV40		1:03:10	152	27	42
180	322	ADAM NEALE	M	MV50	CHESHIRE HILL RACERS	1:03:20	153	27	3
181	208	ANDREW ROGERS	M	MV45		1:03:24	154	23	43
182	239	CLAIRE GRIMMER	F	FV45	KNUTSFORD TRI CLUB	1:03:33	28	6	1
183	278	LAURA TELFORD	F	FV45	MACCLESFIELD HARRIERS & AC	1:03:38	29	7	1
184	391	ROB MARSDEN	M	MV40	SALE HARRIERS MANCHESTER	1:03:49	155	28	16
185	40	KATE RITCHIE	F	FV40	HORSFORTH HARRIERS	1:04:01	30	8	1
186	254	YVONNE WILLIAMS	F	FV55	PENNINE FELL RUNNERS	1:04:04	31	1	1
187	444	MARK WALL	M	MV45		1:04:10	156	24	44
188	20	EMMA BANISTER	F	FV50	CHORLTON RUNNERS	1:04:14	32	4	5
189	425	DAVID AYRTON	M	MV45	TOTLEY AC	1:04:16	157	25	1
190	295	ROBERT HEATHCOTE	M	MV40		1:04:19	158	29	45
191	13	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	1:04:25	159	26	12
192	329	PHIL WILCOXON	M	MV65	BELLE VUE RACERS	1:04:27	160	4	4
193	298	ADAM POTTS	M	MV50	BRAMHALL RUNNERS	1:04:32	161	28	13
194	238	TOM MCGAFF	M	MV70	CHESHIRE HILL RACERS	1:04:44	162	1	4
195	426	JENNY BLACK	F	FSEN		1:04:45	33	13	5
196	314	PAUL BALFE	M	MV55	DISLEY RUNNERS	1:04:55	163	14	3
197	289	SARAH DOHERTY	F	FV40	BRAMHALL RUNNERS	1:04:58	34	9	2
198	90	LAURA COOKE	F	FSEN		1:05:02	35	14	6
199	274	ANDY JARRETT	M	MV45		1:05:07	164	27	46
200	320	JIMMY MO	M	MV60	BELLE VUE RACERS	1:05:25	165	4	5
201	342	NIGEL GARFIELD	M	MV45		1:05:27	166	28	47
202	370	CHARLIE GYTE	M	MSEN		1:05:30	167	59	48
203	91	PHOEBE WILLIS	F	FSEN	STOCKPORT HARRIERS & AC	1:05:39	36	15	3
204	199	GARETH JONES	M	MV45	STOCKPORT TRI CLUB	1:05:40	168	29	5
205	19	CHARLOTTE GILBERT	F	FV40	CHORLTON RUNNERS	1:05:44	37	10	6
206	412	HELEN SAUNDERS	F	FSEN	MACCLESFIELD HARRIERS & AC	1:05:58	38	16	2
207	240	ANDY BRADLEY	M	MV55	CLAYTON-LE-MOORS HARRIERS	1:05:59	169	15	1
208	376	KYLIE FEDTSCHYSCHAK	F	FSEN	CHORLTON RUNNERS	1:06:03	39	17	7
209	291	SPENCE SIVIEWRIGHT	M	MV60	MACCLESFIELD HARRIERS & AC	1:06:05	170	5	11
210	442	MEGAN DAVIES	F	FSEN		1:06:22	40	18	7
211	287	MATT ROBERTS	M	MV55		1:06:24	171	16	49
212	223	SEPTIMUS TURNER	M	MV40	CHORLTON RUNNERS	1:06:32	172	30	11
213	157	SUSIE BYRNE	F	FSEN	DISLEY RUNNERS	1:06:38	41	19	1
214	387	PATRICK O'BRIEN	M	MV65	BELLE VUE RACERS	1:06:50	173	5	6
215	201	JO-ARE BJERKE	M	MV50	BOLLINGTON HARRIERS	1:07:00	174	29	4
216	434	ALANNAH BIRTWISTLE	F	FSEN	MACCLESFIELD HARRIERS & AC	1:07:08	42	20	3
217	141	CLAIRE NAYLOR	F	FV40	MANCHESTER FRONTRUNNERS	1:07:12	43	11	1
218	313	MICHAEL HAMILTON	M	MSEN	POYNTON RUNNERS	1:07:17	175	60	6
219	60	MOLLIE COOKE	F	FSEN	BRAMHALL RUNNERS	1:07:18	44	21	3
220	418	SIMON FROGGATT	M	MV50		1:07:30	176	30	50
221	327	KAREN LITTLE	F	FV45	RUNNING BEAR	1:07:50	45	8	1
222	311	MATTHEW LEES	M	MV55	BOLLINGTON HARRIERS	1:07:53	177	17	5
223	11	MEL JOHNSON	F	FV45	MANCHESTER FRONTRUNNERS	1:07:59	46	9	2
224	180	DAN BURTON	M	MV50		1:08:08	178	31	51
225	130	STEVE WOOD	M	MV50	GMFRS	1:08:10	179	32	1
226	134	ANDY HOWLEN	M	MV60		1:08:20	180	6	52
227	430	DANIEL JACKSON	M	MV45	CONGLETON HARRIERS	1:08:21	181	30	2
228	271	DAISY CARR	F	FSEN		1:08:35	47	22	8
229	182	KIM DAVIES	F	FV40	BRAMHALL RUNNERS	1:08:37	48	12	4
230	153	LEE GARNETT	M	MV40		1:08:38	182	31	53
231	186	DEN MASSET	F	FV60	MACCLESFIELD HARRIERS & AC	1:08:55	49	1	4
232	256	EDDY WEBB	M	MV50	GOYT VALLEY STRIDERS	1:09:02	183	33	3
233	448	IAN SHARPE	M	MV55	CHORLTON RUNNERS	1:09:03	184	18	12
234	273	HANNAH WENNELL	F	FV45		1:09:05	50	10	9
235	73	PAUL ALLEN	M	MV45		1:09:11	185	31	54
236	389	OLIVE BIGMORE	F	FV45	CHESHIRE DRAGONS	1:09:17	51	11	1
237	303	SARAH RENSHAW	F	FV40	CHORLTON RUNNERS	1:09:18	52	13	8
238	439	JAMES BRISBANE	M	MV50		1:09:22	186	34	55
239	189	AMELIA HUNT	F	FSEN		1:09:24	53	23	10
240	140	PHILIPPA WHITTINGHAM	F	FV55	WILMSLOW STRIDERS	1:09:27	54	2	1
241	49	MIKE V HALL	M	MV60	BRAMHALL RUNNERS	1:09:41	187	7	14
242	338	LUCY VINE	F	FSEN		1:09:52	55	24	11
243	162	RICHARD OUSEY	M	MV50	SALE HARRIERS MANCHESTER	1:09:53	188	35	17
244	305	ZOE COOKE	F	FSEN	MARPLE RUNNERS	1:09:55	56	25	2
245	330	HANNAH HARDING	F	FV40	CONGLETON HARRIERS	1:09:57	57	14	1

246	10	CATHERINE BATT	F	FV40	BOLLINGTON HARRIERS	1:10:03	58	15	1	
247	29	ELEANOR ROBINSON	F	FV50	WEST CHESHIRE ATHLETIC CLUB	1:10:06	59	5	2	
248	579	RICHARD CUNNINGHAM	M	MV45	POYNTON RUNNERS	1:10:10		189	32	7
249	402	JAMES MCVEIGH	M	MV50	DISLEY RUNNERS	1:10:23		190	36	4
250	357	CLIFF VEIGHEY	M	MV50	MANCHESTER TRIATHLON CLUB	1:10:28		191	37	2
251	373	NATALIE HARPER	F	FSEN	CHORLTON RUNNERS	1:10:33	60		26	9
252	221	PAUL ADAMS	M	MV60	CHORLTON RUNNERS	1:10:45		192	8	13
253	52	DUNCAN CHANDLER	M	MV50	MACCLESFIELD HARRIERS & AC	1:10:46		193	38	12
254	190	GRACE HUNT	F	FSEN		1:10:47	61		27	12
255	193	NICOLA COMBS	F	FSEN	BRAMHALL RUNNERS	1:10:53	62		28	5
256	248	CHLOE FITZPATRICK	F	FSEN	WILMSLOW RUNNING CLUB	1:10:54	63		29	6
257	302	LISA ASHWOOD	F	FV50	DISLEY RUNNERS	1:11:15	64		6	2
258	135	LAETITIA BORTOT	F	FSEN		1:11:18	65		30	13
259	417	BECKY LEES	F	FV50	BOLLINGTON HARRIERS	1:11:27	66		7	2
260	216	SARAH NICHOLSON	F	FV40	RIBBLE VALLEY RUNNERS	1:11:29	67		16	1
261	395	ELAINE JACKSON	F	FV60	MARPLE RUNNERS	1:11:45	68		2	3
262	161	SARAH HEALEY	F	FSEN		1:12:03	69		31	14
263	409	JAMES CARTER	M	MSEN		1:12:05		194	61	56
264	354	JOE JOHNSTON	M	MSEN		1:12:12		195	62	57
265	234	ZOE COLMAN	F	FV40	BOLLINGTON HARRIERS	1:12:15	70		17	3
266	228	STEVE RAWLINS	M	MV45	CHORLTON RUNNERS	1:12:16		196	33	14
267	427	WILLIAM SNELL	M	MV55	POYNTON RUNNERS	1:12:23		197	19	8
268	366	NIKKI CHAMBERLAIN	F	FV50	KNUTSFORD TRI CLUB	1:12:41	71		8	2
269	99	KELLY FOWLER	F	FV45		1:12:42	72		12	15
270	251	CATHERINE KILBANE	F	FSEN	MANCHESTER ROAD RUNNERS	1:12:50	73		32	1
271	270	KATE MCCREERY	F	FV50	BOLLINGTON HARRIERS	1:12:54	74		9	4
272	145	LEE JONES	M	MV50	BRAMHALL RUNNERS	1:12:56		198	39	15
273	175	JOHN BAILEY	M	MV40	MARPLE RUNNERS	1:12:57		199	32	4
274	164	BERNARD MCCARRON	M	MV60	MACCLESFIELD HARRIERS & AC	1:13:02		200	9	13
275	158	LYNDA ROWLINSON	F	FV60	SALE HARRIERS MANCHESTER	1:13:07	75		3	5
276	408	MAX THICKETT	M	MV55	STOCKPORT TRI CLUB	1:13:10		201	20	6
277	5	NICK HEATON	M	MV50	BRAMHALL RUNNERS	1:13:22		202	40	16
278	36	JAMIE BLUNDEN	M	MSEN		1:13:23		203	63	58
279	59	AMANDA MARTELL	F	FSEN		1:13:27	76		33	16
280	399	PAUL MCDAID	M	MV55	HEALD GREEN RUNNERS	1:13:34		204	21	1
281	202	RACHAEL PEERS	F	FV40		1:13:38	77		18	17
282	79	GORDON SHARP	M	MV70	LYME RUNNERS	1:13:44		205	2	1
283	200	MIKE HODSON	M	MV50	BRAMHALL RUNNERS	1:13:48		206	41	17
284	146	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	1:13:57		207	22	7
285	196	P HUNT	M	MV60	GOYT VALLEY STRIDERS	1:13:59		208	10	4
286	420	ANDREA BUCKINGHAM	F	FV60	BRAMHALL RUNNERS	1:14:06	78		4	6
287	169	HANNAH ARNOT	F	FSEN		1:14:08	79		34	18
288	447	ROBERT BURKE	M	MV55	KIRKBY MILERS AC	1:14:12		209	23	1
289	132	CARL MORIARTY	M	MV60	BELLE VUE RACERS	1:14:13		210	11	7
290	46	MATTHEW HOWARD	M	MV40		1:14:14		211	33	59
291	365	JONATHAN PRAGER	M	MV60		1:14:19		212	12	60
292	393	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	1:14:27	80		35	4
293	166	ANNIE HIRSCH	F	FV65	BELLE VUE RACERS	1:14:29	81		1	1
294	55	ANDREW QUIGLEY	M	MV45		1:14:30		213	34	61
295	364	BRITTA WERNER	F	FV45	VEGAN RUNNERS UK	1:14:36	82		13	1
296	71	MARK HETHERINGTON	M	MV50	POYNTON RUNNERS	1:14:37		214	42	9
297	170	AMY BILLING	F	FV40	STOCKPORT HARRIERS & AC	1:14:38	83		19	4
298	235	KATE SUTTON	F	FV60	WILMSLOW RUNNING CLUB	1:14:40	84		5	7
299	361	IAN SMALLWOOD	M	MV60	CHESHIRE HILL RACERS	1:14:41		215	13	5
300	297	SIMON LEES	M	MV55	POYNTON RUNNERS	1:14:44		216	24	10
301	288	ANDY WOOD	M	MV60	BELLE VUE RACERS	1:14:53		217	14	8
302	306	STEPHANIE MCARDLE-WATSON	F	FSEN	TRAWDEN ATHLETIC CLUB	1:15:01	85		36	1
303	81	GABRIELLA WIELAND	F	FSEN	CHORLTON RUNNERS	1:15:06	86		37	10
304	397	LOU SMITH	F	FSEN	KERB RUNNERS	1:15:15	87		38	1
305	371	ELISABETH LEWIS	F	FV45	CHORLTON RUNNERS	1:15:16	88		14	11
306	333	TIM BLACKWELL	M	MV50	CHORLTON RUNNERS	1:15:21		218	43	15
307	131	MARK ATHERTON	M	MV50		1:15:23		219	44	62
308	374	GRANT SHUTTLEWORTH	M	MV40		1:15:24		220	34	63
309	93	BRONWYN RAPER	F	FSEN	SOWERBY BRIDGE SNAILS RUNNING CLUB	1:15:30	89		39	1
310	96	RIO MCARDLE	M	MSEN		1:15:32		221	64	64
311	16	BRIAN BARNES	M	MV60	CHORLTON RUNNERS	1:15:37		222	15	16
312	380	PAUL MINTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	1:15:53		223	65	4
313	38	JAMES MALONE	M	MV45	BELLE VUE RACERS	1:15:53		224	35	9
314	233	FRANK ROGERS	M	MV50	LEVENSULME RUNNERS	1:15:58		225	45	1
315	341	BEN TYLER-BROUGH	M	MSEN		1:15:59		226	66	65
316	44	HOLLY NETTLE	F	FV45	MACCLESFIELD HARRIERS & AC	1:16:13	90		15	5
317	187	MELANIE POWER	F	FV50	MACCLESFIELD HARRIERS & AC	1:16:18	91		10	6
318	188	GAZ BARKER	M	MSEN		1:16:19		227	67	66
319	184	JOE RICHARDS	M	MSEN		1:16:21		228	68	67
320	183	HARRY EARNSHAW	M	MSEN		1:16:21		229	69	68
321	261	KAREN CHARTERS	F	FV50	BELLE VUE RACERS	1:16:23	92		11	2
322	414	PAUL WINROW	M	MV40	WILMSLOW STRIDERS	1:16:27		230	35	6
323	243	MARK GILLIGAN	M	MV45		1:16:46		231	36	69
324	136	ANDREW CHAPLIN	M	MV60	BOLLINGTON HARRIERS	1:16:50		232	16	6
325	312	VIV QUIGLEY	F	FV45		1:17:00	93		16	19
326	163	VIKKI MURPHY	F	FV50		1:17:02	94		12	20
327	398	CHRISTINA EMERSON	F	FV50	HEALD GREEN RUNNERS	1:17:19	95		13	1

328	74	BEN BRADLEY	M	MSEN		1:17:50	233	70	70	
329	336	OLLIE NEAVE	M	MSEN		1:17:52	234	71	71	
330	185	HELEN CARTER	F	FV40	SALE HARRIERS MANCHESTER	1:17:57	96	20	6	
331	191	MOIRA HUNT	F	FV65		1:18:01	97	2	21	
332	3	JEN BULMAN	F	FSEN	BRAMHALL RUNNERS	1:18:16	98	40	7	
333	362	BREESHEY SMITH	F	FV55	BRAMHALL RUNNERS	1:18:20	99	3	8	
334	236	MELISSA YARLETT	F	FSEN		1:18:20	100	41	22	
335	232	HAZEL CASWELL	F	FSEN	ROYSTON RUNNERS	1:18:22	101	42	1	
336	214	HANNAH STIRLING	F	FSEN	MACCLESFIELD HARRIERS & AC	1:18:26	102	43	7	
337	247	JANET SCREAWN	F	FV55	WILMSLOW RUNNING CLUB	1:18:27	103	4	8	
338	84	BECCA MENZLER	F	FSEN		1:18:30	104	44	23	
339	423	LIZ LILLEY	F	FV50		1:18:35	105	14	24	
340	27	ALEXANDRA HODBY	F	FV45	DISLEY RUNNERS	1:18:38	106	17	3	
341	406	MARK BOUSIE	M	MV45	STOCKPORT HARRIERS & AC	1:18:40		235	37	5
342	326	LEE MARTIN	M	MV45	LEVENSULME RUNNERS	1:18:42		236	38	2
343	446	NICK VINE	M	MV50		1:18:58		237	46	72
344	61	FIONA COOKE	F	FV55	BRAMHALL RUNNERS	1:19:08	107	5	9	
345	230	MARK WHELAN	M	MV55	BUXTON AC	1:19:19		238	25	1
346	92	PHILIPPA ROBINSON	F	FV40	BELLE VUE RACERS	1:19:28	108	21	3	
347	317	LAURA OWEN	F	FSEN		1:19:30	109	45	25	
348	149	ROBERT SLEZAK	M	MSEN	STYAL RUNNING CLUB	1:19:38		239	72	1
349	281	CATHERINE BATE	F	FV55	STEEL CITY STRIDERS RC	1:19:48	110	6	1	
350	70	SALLY CHEETHAM	F	FV55	BELLE VUE RACERS	1:20:14	111	7	4	
351	24	SARAH DALY	F	FV50	WILMSLOW STRIDERS	1:20:18	112	15	2	
352	262	MARK CROASDALE	M	MSEN	BRAMHALL RUNNERS	1:20:29		240	73	18
353	293	KAREN MASSEY	F	FV45	DISLEY RUNNERS	1:20:40	113	18	4	
354	181	MARK WILSON	M	MV50		1:20:45		241	47	73
355	292	CAROL UPTON	F	FV45	MACCLESFIELD HARRIERS & AC	1:21:00	114	19	8	
356	148	MARK GAMBLIN	M	MV55	CHORLTON RUNNERS	1:21:06		242	26	17
357	68	RACHAEL CLEGG	F	FV55	CHORLTON RUNNERS	1:21:19	115	8	12	
358	443	VICKY SMITH	F	FV40		1:21:21	116	22	26	
359	246	SARAH BEATTIE	F	FV50	BRAMHALL RUNNERS	1:21:21	117	16	10	
360	258	SHIRLEY RALPH	F	FV50	BRAMHALL RUNNERS	1:21:41	118	17	11	
361	369	JULIAN MORGAN	M	MV60		1:22:00		243	17	74
362	263	CATHERINE ROBINSON	F	FV40	DISLEY RUNNERS	1:22:08	119	23	5	
363	28	CARLA OUSEY	F	FV50	SALE HARRIERS MANCHESTER	1:22:23	120	18	7	
364	252	CHRIS TETLEY	M	MV65	GOYT VALLEY STRIDERS	1:22:28		244	6	5
365	137	PHIL CASWELL	M	MV40		1:22:36		245	36	75
366	242	MELISSA TATE	F	FV55	CHORLTON RUNNERS	1:22:53	121	9	13	
367	192	HELEN JEFFERY	F	FV45		1:23:04	122	20	27	
368	407	ANDREA LEES	F	FV50	POYNTON RUNNERS	1:23:08	123	19	2	
369	382	CAROL HIGGS	F	FV40		1:23:21	124	24	28	
370	268	GEORGE HIGGS	M	MV40		1:23:22		246	37	76
371	445	BARRY DILLON	M	MV45	MACCLESFIELD HARRIERS & AC	1:23:42		247	39	14
372	86	KATE ROBINSON	F	FV40		1:23:44	125	25	29	
373	33	JULIA FOY	F	FV55	BELLE VUE RACERS	1:24:22	126	10	5	
374	335	HANNAH COATES	F	FSEN	CHORLTON RUNNERS	1:24:35	127	46	14	
375	415	JULIAN SACOFSKY	M	MV65	LEVENSULME RUNNERS	1:24:45		248	7	3
376	176	GILLIAN HOLLAND-JONES	F	FV60	STYAL RUNNING CLUB	1:25:12	128	6	1	
377	276	KAY SHAW	F	FV50	STYAL RUNNING CLUB	1:25:13	129	20	2	
378	219	MICHAEL WYMER	M	MV50		1:25:39		249	48	77
379	23	EVE TAYLOR	F	FV60	STOCKPORT TRI CLUB	1:25:46	130	7	1	
380	348	ANN LUCKOCK	F	FV65	BRAMHALL RUNNERS	1:25:52	131	3	12	
381	26	KATIE DRAPER	F	FV40	BRAMHALL RUNNERS	1:25:53	132	26	13	
382	363	MARCUS BRADSHAW	M	MV50		1:26:19		250	49	78
383	15	JANE BRADSHAW	F	FV50		1:26:20	133	21	30	
384	309	MATTHEW DAVIES	M	MV40		1:26:23		251	38	79
385	410	HAYLEY HALL	F	FV55	BRAMHALL RUNNERS	1:26:26	134	11	14	
386	94	ROSEMARIE MCARDLE	F	FV45	BRAMHALL RUNNERS	1:26:53	135	21	15	
387	95	CHARLOTTE OWEN	F	FSEN		1:26:53	136	47	31	
388	58	SOPHIE HALLWORTH	F	FSEN		1:27:29	137	48	32	
389	334	JEN HUSDAN	F	FV40		1:28:49	138	27	33	
390	82	LYDIA HUSDAN	F	FV40		1:28:49	139	28	34	
391	159	MARY ROBERTS	F	FV60		1:28:56	140	8	35	
392	245	KIRSTIN PRAGER	F	FV50		1:28:59	141	22	36	
393	80	KAREN JAGAN	F	FV40		1:29:07	142	29	37	
394	229	HELEN STONEHOUSE	F	FV45	MARPLE RUNNERS	1:29:26	143	22	5	
395	269	SARAH GROVES	F	FV45	DISLEY RUNNERS	1:30:12	144	23	6	
396	383	CLAIRE JOLLY	F	FV40	DISLEY RUNNERS	1:30:12	145	30	7	
397	6	SAN BUCKLEY	F	FV50	LYME RUNNERS	1:30:14	146	23	1	
398	368	ANGELA ATHERTON	F	FV50		1:30:27	147	24	38	
399	282	CATHERINE MATHER	F	FV50	MACCLESFIELD HARRIERS & AC	1:30:33	148	25	9	
400	45	RAYMOND BROWN	M	MV80	PENISTONE FOOTPATH RUNNERS & ATHLETIC CLUB	1:30:58		252	1	1
401	2	ALEXIS DINSMOR	F	FV75	STOCKPORT HARRIERS & AC	1:31:40	149	1	5	
402	436	SUZY VINE	F	FV50		1:31:47	150	26	39	
403	359	KATHERINE SPEAK	F	FSEN		1:32:21	151	49	40	
404	577	TAMMY HOLMES	F	FV40	ALSAGER RUNNERS	1:32:39	152	31	1	
405	396	STEPHANIE MEADOWS	F	FSEN	ALSAGER RUNNERS	1:32:39	153	50	2	
406	384	CATHERINE JONES	F	FV60	BRAMHALL RUNNERS	1:32:59	154	9	16	
407	267	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	1:33:00		253	50	19
408	126	CATHERINE DOWNS	F	FV60	LYME RUNNERS	1:33:11	155	10	2	
409	160	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	1:33:45	156	11	17	

410	347	TIM MELIA	M	MV55	MARPLE RUNNERS	1:34:10		254	27	5
411	400	LUCY SWINDEN	F	FV40		1:34:32	157		32	41
412	209	JULIE GREENGRASS	F	FV50	GLOSSOPDALE HARRIERS	1:36:04	158		27	1
413	319	EMMA MINSHULL	F	FV45	BRAMHALL RUNNERS	1:36:05	159		24	18
414	7	VAL POOLE	F	FV60	MACCLESFIELD HARRIERS & AC	1:38:42	160		12	10
415	296	EMMA LORD	F	FV50	MACCLESFIELD HARRIERS & AC	1:40:14	161		28	11
416	275	MIRANDA PHILLIPS	F	FSEN	MARPLE RUNNERS	1:41:21	162		51	6
417	89	CATHRYN MELIA	F	FV55	MARPLE RUNNERS	1:42:59	163		12	7
418	352	AIDAN MCGRATH	M	MV40		1:46:10		255	39	80
DNF	8	LEXY DENTON	F	FV40	STYAL RUNNING CLUB					
DNF	41	NICOLA PENNINGTON	F	FV50	BELLE VUE RACERS					
DNF	215	GARETH PRITCHARD	M	MV40	BRAMHALL RUNNERS					
DNF	280	JOHN MORRIS	M	MV40						
DNF	379	KAREN HEGGS	F	FV45						
DNF	435	BARRIE SCHOFIELD	M	MSEN	THE FLASHERS RC					
DNS	31	OLIVIER GAILLEMIN	M	MV50	SALE HARRIERS MANCHESTER					